

Whey Protein Concentrate

Product # 6420

16 ounces

Nutrition Facts

Serving Size: 2 level scoops (22 grams)

Servings Per Container: 20

	Amount Per Serving	%Daily Value*
Calories	80	
Sodium	28 mg	1%
Potassium	80 mg	2%
Total Carbohydrates	1 gm	<1%
Protein	20 gm	40%
Calcium	112 mg	11%
Phosphorus	34 mg	3%
Magnesium	17 mg	4%

Not a significant source of dietary fat, fiber, sugars, vitamin A, vitamin C and iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65 gm	80 gm
Saturated Fat	Less than	20 gm	25 gm
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 gm	375 gm
Dietary Fiber		25 gm	30 gm
Protein		50 gm	65 gm

Calories per gram

Fat 9 - Carbohydrate 4 - Protein 4

All values are typical and representative, but should not be considered exact.

INGREDIENTS: Whey protein isolate (ultra low temperature micro-filtered).

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Each serving provides the following (stated amounts are typical and representative):

Beta-Lactoglobulin	11,410 mg
Glycomacropeptide	2,200 mg
Bovine Serum Albumin	506 mg
Alpha-Lactalbumin	3,014 mg
Immunoglobulin (IgG)	550 mg
Lactoferrin	30 mg

Typical Amino Acid Profile Per Serving:

Alanine	1,096 mg	Lysine	2,430 mg
Arginine	490 mg	Methionine	470 mg
Aspartic acid	2,230 mg	Phenylalanine	650 mg
Cystine	530 mg	Proline	1,160 mg
Glutamic acid	3,680 mg	Serine	920 mg
Glycine	352 mg	Threonine	1,330 mg
Histidine	352 mg	Tryptophan	328 mg
Isoleucine †	1,290 mg	Tyrosine	630 mg
Leucine †	2,270 mg	Valine †	1,050 mg

† Branch chain amino acids

Contains ingredients derived from milk.

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DIRECTIONS: Add two (2) scoops to 8 oz. of cool water (or the beverage of your choice) and stir or blend, as a dietary supplement or as otherwise directed by a healthcare professional.

CAUTION: Not recommended for those allergic to dairy.